

# Iowa Via de Cristo Weekend Application

2025 Men's Via de Cristo  
Evening of Thursday January 9th until  
the afternoon of Sunday January 12th

2024 Women's Via de Cristo Evening  
of Thursday January 16th until the  
afternoon of Sunday January 19th

Pilgrim's Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Marital Status: Married \_\_\_\_\_ Widowed \_\_\_\_\_ Divorced \_\_\_\_\_ Single \_\_\_\_\_

Email Address: \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Education - High School \_\_\_\_\_ College \_\_\_\_\_ Vocational \_\_\_\_\_ Other \_\_\_\_\_

Special Interests \_\_\_\_\_

Special Talents \_\_\_\_\_

Church/Secular Groups you participate in \_\_\_\_\_

Reason for attending Via de Cristo \_\_\_\_\_

Special Needs (dietary, medical, handicap, other) \_\_\_\_\_

Spouse's Name \_\_\_\_\_

Doctor's Name \_\_\_\_\_

Doctor's City \_\_\_\_\_ Doctor's Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Church \_\_\_\_\_ City/State \_\_\_\_\_

Pastor's Name \_\_\_\_\_ Denomination \_\_\_\_\_

*This is not a permanent record. It will be destroyed after the weekend the pilgrim attends. A \$10.00 deposit is requested with this application. At the close of the Via de Cristo, you will be informed as to how you can contribute so that others may participate.*

## Guidelines for Pilgrim Acceptance

These are guidelines are not laws. The Rector, Spiritual Rector or the Iowa Lutheran Secretariat may make reasonable exceptions as they consider individual cases. Great care shall be exercised in recruiting appropriate pilgrims that are likely to benefit from the weekend experience and who will not be disruptive to others at the same weekend.

The Rector will determine the number of pilgrims that may participate in a particular weekend. The Rector's judgment of manageable numbers shall be based on the facilities available. Pilgrim Applications will be accepted in the order received by the Registrar. Applications received after a weekend is filled will be returned and be resubmitted for a future weekend.

Pilgrims are to be baptized members of a Christian Church that believes in Jesus Christ as Lord and Savior.

The weekend is not intended as a primary evangelism effort for un-churched persons.

A Christian foundation is essential.

No testing or memory work will happen during the Via de Cristo.

Pilgrims should normally be at least 22 years of age.

In case of married persons, it is helpful that both spouses attend the same year. Weekends have proven most beneficial when both husband and wife share the same experience, without delays of time. If an exception is made, care must be exercised that the experience does not create distance or tension between the couple.

Persons who are widowed, divorced or suffered deep, significant loss should not attend until healing and adjustment are well begun, because the weekend may become a stressful or emotional experience. One year's delay is suggested.

If a pilgrim is unable to afford the deposit of \$10.00, encourage them to pay what they feel they can. Do not let the lack of funds prevent anyone from attending a weekend. This year the retreat has been paid for with funds given by participants from last years' retreat.

Sponsors should help pilgrims travel to and from the Via de Cristo retreat. Sponsors should also make a follow up visit with a participant after the Via de Cristo weekend. Sponsors are encouraged to invite Christians from their own church, neighborhood and community. Sponsors should attempt to make Christians from any denomination feel welcome and comfortable with the Via de Cristo retreat.

Any exception to these guidelines should be explained below in the "comments" section.

Sponsor \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Sponsor Email: \_\_\_\_\_

Comments about Applicant:      Talkative \_\_\_\_ Quiet \_\_\_\_ Shares Easily \_\_\_\_

Other Comments: \_\_\_\_\_

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**Mail application to: Crystal Quanbeck  
2404 Lakeside Ave.  
Milford, IA 51351**

**Other contact info: [cryssg@yahoo.com](mailto:cryssg@yahoo.com)  
Fax: 712/337-3501**

See [www.iowavdc.com](http://www.iowavdc.com) for upcoming Via de Cristo dates and times.